



Your Birth, Your Way

Introducing our **new Pregnancy Care and Birthing Plans** at Fernandez!



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BEGIN ♥ BLOSSOM ♥ BLOOM ♥ BLISS



Pregnancy and Birth Plans, Made Simple!

Every stage.

One plan.

Care, made clear.

Every pregnancy begins at a different point. Whether you are joining us early in pregnancy, in your second or third trimester, or planning to birth at Fernandez — there is a plan built for exactly where you are.

Which plan is right for you?

JOINING US IN **EARLY PREGNANCY?**

Fernandez Begin — Complete Pregnancy Care Plan, covering your pregnancy journey from the early stages

JOINING IN YOUR **SECOND TRIMESTER?**

Fernandez Blossom — Second & Third Trimester Care Plan, for mothers joining during the second trimester

JOINING IN YOUR **THIRD TRIMESTER?**

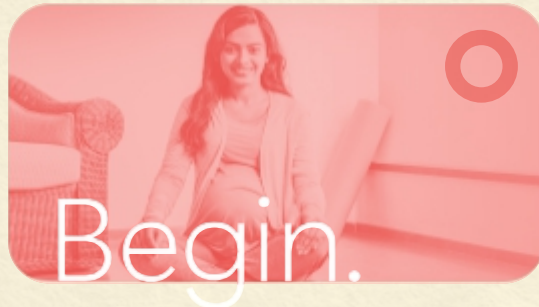
Fernandez Bloom — Third Trimester Care Plan, for mothers joining during the third trimester

PLANNING YOUR BIRTH AT FERNANDEZ?

Fernandez Bliss — Hospital Birth Care Plan for vaginal birth or Caesarean birth

YOUR PREGNANCY  YOUR STAGE  YOUR PLAN

Compare our Pregnancy Care Plans



Choose based on
when you join us!

	Begin	Blossom	Bloom
Best suited for	Early pregnancy	Second trimester onwards	Third trimester onwards
Care period	Early pregnancy	Second and third trimester	Third trimester
Doctor consultations	9	8	6
Ultrasounds	6	5	4
Investigations	Essential first and second trimester tests	Essential second trimester tests	NA
NST (Non-Stress Test)	1	1	1
Physiotherapy consultation	1	1	1
Nutrition consultation	1	1	1
Pharmacy support*	Folic Acid; Doxylamine Succinate + Pyridoxine Hydrochloride (Vit B6); Iron, Calcium and Vitamin D, as prescribed	Iron, Calcium and Vitamin D as prescribed	Iron, Calcium and Vitamin D as prescribed
Benefit on Birth Plans	₹12,500 discount	₹5,000 discount	₹2,500 discount

For current plan pricing and available offers, please speak to our **Financial Counsellor**.

**Pharmacy support is limited to the medicines and quantities specified under the plan. Any additional medicines prescribed based on individual clinical needs will be charged separately.*

🟡 Not sure which plan matches your week of pregnancy?

Our counsellor will review your current stage and help you choose. If you join mid-trimester, we will guide you to the plan that gives you the most complete care.



Fernandez Bliss Hospital Birth Care Plan

A thoughtfully designed birth care plan for vaginal birth (normal birth) or Caesarean birth (C-section), with clear information on what is included and what is charged separately.

 **Vaginal birth (Normal): 2 days | Caesarean birth (C-section): 3 days**

WHAT'S INCLUDED

- Fetal monitoring (CTG)
- In-house doctor consultations during hospital stay
- Labour room or operation theatre
- Delivery professional fees
- Anaesthetist charges for Caesarean birth
- Nursing care
- Medicines and consumables for the mother
- Meals and beverages for the mother
- Routine care for a healthy newborn
- In-house neonatal consultations
- Basic newborn investigations
- BCG and OPV vaccinations
- Newborn hearing screening
- Nutrition, physiotherapy and lactation counselling
- Medical records and administrative services

 **For current plan pricing and available offers, please speak to our Financial Counsellor.**

Make Your Birth Your Own!

Fernandez offers birthing choices few hospitals in India can — including midwife-supported natural birthing, water birth, and additional labour support. These are available as add-ons to your Bliss Plan. **Ask our counsellor about the available options and offers.**

Please Note

The Bliss Plan is designed for low-risk births. Additional charges apply for NICU care, complications, specialist consultations, extended stay, blood products, epidural, induction, instrumental delivery, or other additional procedures. Your counsellor will walk you through the complete terms before you enrol.

Plan Your Birth Before 36 Weeks



Pre-book your Fernandez **Bliss** Birth Care Plan with **₹10,000** and choose **one** of the following:

OPTION 1

₹5,000 discount on the Bliss Birth Care Plan

PLUS: 50% discount on your first Fernandez Baby Spa session

OPTION 2: POSTNATAL WELLNESS PLAN (FOR MOTHER AND BABY)

For the mother

- 3 doctor or midwife consultations (in-person or online)
- Pap smear and haemogram
- Physiotherapy consultation
- Nutrition consultation

For the baby

- 2 neonatal consultations (in-person or online)
- 1 lactation online counselling session
- Guidance from neonatal nurse (online)
- Bilirubin check

SPEAK TO OUR PREGNANCY CARE COUNSELLOR



- Which plan applies to your stage of pregnancy
- Exactly what is included and what is charged separately
- Current plan pricing, payment terms and available offers
- Insurance and reimbursement conditions



1800 419 1397



www.fernandezhospital.com

Respectful, evidence-based care for women and children, since 1948



SCAN the QR code to go to the birth plans page